Recommended* Parental Control Apps/Software

Screen Time

Android, iOS, Amazon

Set time limits for your children's devices from your phone or any browser. Set bedtime and school time restrictions for specific apps. Use your phone or tablet to pause your child's device or give Bonus time. Create fun check lists of things you would like children to do or learn and motivate them with rewards. Plus more.

Basic Version	free
Premium subscription	£2.99 per month

https://screentimelabs.com/

Kidslox

Android, iOS, Amazon

Block inappropriate apps from the device when your child is using it. Set regular device schedules to automatically block or unblock your child's device at the required time. Lock your child's device remotely with the flick of a switch. See how your child is using their device with Kidslox session statistics. Set up custom restriction profiles so that allow your child to access only the apps and phone functions you want.

Amazon, iOS	£4.99
Android	free

https://kidslox.com/#home-app-screen

Our Pact

iOS, (Android coming soon)

Set limits on how much time your children are spending on their mobile devices. Create schedules, block all Internet and app use at a moment's notice or reward them with the allowance feature. Balance the risks and rewards of iOS and Android technology for your family.

free

http://ourpact.com/

Mobicip

multi platform

Create a safe experience for your family on all types of devices and computers. Enable age-appropriate settings and time limits. Monitor Internet use and app installs. Stay in touch via web, email and app notifications. Enable healthy conversation.

Basic version	free
Premium version	$39.99 per year

http://www.mobicip.com/

*These Apps have been recommended by parents when attending E Safety sessions delivered by Harrap Education.

Parental Support

Below is a list of some useful links

Advice and Resources	
Think U Know	www.thinkuknow.co.uk/parents/
Childnet International	www.childnet.com/resources/know-it-all-for-parents
	www.childnet.com/parents-and-carers
Kidsmart	www.kidsmart.org.uk/parents
Safer Internet Centre	www.saferinternet.org.uk/parents-and-carers
NSPCC	http://www.nspcc.org.uk
E-Safety	www.whoishostingthis.com/resources/e-safety/
Get Safe Online	www.getsafeonline.org

Reporting	
CEOP	www.ceop.police.uk/
Report Abuse	www.ceop.police.uk/Ceop-Report/
Report Illegal Content	www.iwf.org.uk

Parental Controls	
iPad / iPhone	support.apple.com/en-gb/HT201304
BT	home.bt.com
Sky Broadband Shield	www.sky.com/broadband-shield
Virgin Media	my.virginmedia.com/protect-family/safetynet
Windows Safe Set Up	account.microsoft.com/family/about
Facebook Safety	www.facebook.com/safety
Instagram	help.instagram.com/154475974694511/
YouTube	www.youtube.com/watch?v=u00yKwGFpS0
Vodafone	www.vodafone.com/content/parents.html/

Videos	
CEOP You Tube Channel	https://www.youtube.com/user/ceop/videos
Cyberbullying	https://www.youtube.com/watch?v=5yVE0XszE3A
Grooming	https://www.youtube.com/watch?v=Pt-9NI1qCKI
Pornography	https://www.youtube.com/watch?v=KlEYwjdjVcw
Gaming	https://www.youtube.com/watch?v=ZxxeOL4-xTQ
Social Networking	https://www.youtube.com/watch?v=aAprRXbQMTE